



Safety Procedures and Practices Manual

**For
14 CFR Part 141 and CFR Part 61
Rotorcraft/Helicopter Training
Courses**

STAR-SPPM

Star Helicopters LLC

**3670 W 120th Street
Hawthorne, CA 90250**



Safety Procedures and Practices Manual

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Written by Keith Harter

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About this Manual

This manual is a guide to assist the instructors and students to safely and efficiently conduct flight training at Star Helicopters, and meets all of the 14 CFR Part 141 and CFR Part 61 Rotorcraft/Helicopter Training Course Outline Safety Procedures and Practices requirements.

The flight training guidelines particularly for pre-private students are designed to instill confidence through repetition and familiarity. By using pre-selected practice airports and cross country routes

Failure to comply with this manual either intentionally or un-intentionally may be grounds for termination from the training program and possible termination of employment with Star Helicopters.

Any deviations from this manual must be approved in advance by the Chief Flight Instructor.

If in doubt about anything, ASK!



Safety Procedures And Practices Manual

FLIGHT INSTRUCTOR REQUIREMENTS

Minimum Instructor Requirements

Holds Current – Commercial Pilot Certificate, Flight Instructors Certificate with appropriate category privileges, Second Class Medical Certificate.

To endorse a student for their CFI Certificate check ride, the flight instructor must have held their Flight Instructor Certificate with all aforementioned privileges for at least 24 months.

Has logged 200 hours total time in appropriate category.

Completed Robinson Safety Course

Minimum Instructor Hour Requirements

Training in R22

Requires 200 hours in Helicopters, 100 hours PIC in R22, R22 CFI Endorsement, Checkout with Chief Pilot

Robinson Helicopters Safety Course

Training in R22 Auto Rotations

Requires at least 500 hours in helicopters, 200 Hours dual given, Checkout with Chief Pilot

Training in R22 Hover Auto Rotations

Requires at least 600 hours in helicopters, 300 hours dual given, Checkout with Chief Pilot

Training in R44

Requires at least 500 hours in heli, 100 hours in R44, 200 hours Dual Given Helicopters, R44 CFI Endorsement, Checkout with Chief Pilot

Robinson Helicopters Safety Course

Training in R44 Auto Rotations

Requires at least 500 hours in helicopters, 200 hours dual given, Checkout with Chief Pilot

Training in R44 Hover Auto Rotations

Requires at least 600 hours in helicopters, 300 hours dual given, Check out with Chief Pilot

Instructor Requirements to endorse CFI & CFII candidates for a Checkride are:

Part 61 – Instructor must have held Flight Instructor Certificate for 24 calendar months and have given 200 hours of dual given and 40 hours of ground instruction.

Part 141 - Instructor must have held Flight Instructor Certificate for 24 calendar months and have given 400 hours of dual given and 40 hours of ground instruction, and have endorsed at least 5 students for a practical test with a pass rate of at least 80%.

WEATHER MINIMUMS**Solo Weather Minimums – Student Pilot (Pre-Private)**

- **Dual Flights:** The weather minimums for dual flights will be left to the discretion of the flight instructor. She/he will assure that the weather conditions do not violate any of the applicable Federal Aviation Regulations, any limitations stated in the Pilot's Operating Handbook or the Star Helicopters, LLC Company Policies, Procedures and Training Guidelines. The flight instructor **must** consider the benefit to, or adverse effect upon, the students training and learning ability when making a go/no-go decision based on the weather conditions.
- **Solo Flights:** The weather minimums for solo flights will be as shown in the following chart.

First Solo

	Ceiling	Visibility	Wind
Hovering	1000 feet	3 miles	10 knots or less, No Gusts
Traffic Pattern	1000 feet	3 miles	10 knots or less, No Gusts

Solo Advanced

	Ceiling	Visibility	Wind
Traffic Pattern	1000 feet	3 miles	10 knots or less, No Gusts
Local Flight	1000 feet	3 miles	10 knots or less, No Gusts
Airport to Airport	1500 feet	5 miles	10 knots or less, No Gusts
Cross Country	1500 feet	5 miles	10 knots or less, No Gusts

Cross Country Solo weather must be forecast to be VFR at time of departure and two (2) hours after the estimated time of arrival at final destination.

Maximum Operating Temperature 40 Degrees Celsius: The maximum outside air temperature at time of takeoff is 40 Degrees Celsius. No training flights may be conducted with outside air temperatures above 40 Degrees Celsius.

Any or all flights may be grounded when, at the discretion of the Chief Flight Instructor or Assistant Chief Flight Instructor, the weather conditions do not fall within the parameters set forth in this section, or are not conducive to effective flight training. It is always the student's responsibility to remain conservative and your personal minimums may be higher but flight is never permitted below these established minimums.

Weather Minimums – Rated Pilot

Weather Minimums

- **Dual Flights:** The weather minimums for dual flights will be left to the discretion of the flight instructor. She/he will assure that the weather conditions do not violate any of the applicable Federal Aviation Regulations, any limitations stated in the Pilot's Operating Handbook or the Star Helicopters, LLC Company Policies, Procedures and Training Guidelines. The flight instructor **must** consider the benefit to, or adverse effect upon, the students training and learning ability when making a go/no-go decision based on the weather conditions.
- **Solo Flights:** The weather minimums for solo flights will be as shown in the following chart.

Day Solo

	Ceiling	Visibility	Wind
Hovering	1000 feet	3 miles	20 knots or less, Gusts less 5 knots
Traffic Pattern	1000 feet	3 miles	20 knots or less, Gusts less 5 knots
Airport to Airport	1000 feet	3 miles	20 knots or less, Gusts less 5 knots
Cross Country	1000 feet	3 miles	20 knots or less, Gusts less 5 knots

Night Solo

	Ceiling	Visibility	Wind
Traffic Pattern	1500 feet	5 miles	10 knots or less, No Gusts
Local Flight	1500 feet	5 miles	10 knots or less, No Gusts
Airport to Airport	1500 feet	5 miles	10 knots or less, No Gusts

Cross Country Solo weather must be forecast to be VFR at time of departure and two (2) hours after the estimated time of arrival at final destination.

AIRCRAFT CHECKLISTS

Star Helicopters, LLC uses the Aircraft Pre-Flight and Startup/Shutdown Checklists prior to every flight and during Startup/Shutdown. (See the following Samples)

PRE-FLIGHT CHECKLISTS

R22 Beta II - Preflight Checklist	R22 Beta II - Preflight Checklist Page 2
Star Helicopters, LLC NORMAL PROCEDURES CHECKLIST Refer to AFM for expanded, Emergency and Abnormal Procedures	
<p><small>The pilot is responsible for determining whether the helicopter is in condition for safe flight. Check maintenance records to be sure aircraft is airworthy and will not exceed any maintenance or inspection requirements. Verify fuel gauges show no completed temperature increases during prior flight. In cold weather, remove even small accumulations of frost, ice or snow. Check general condition of aircraft and verify no leaks, discoloration due to heat, dents, chafing, pitting, nicks, corrosion, or cracks. Verify no twisting as items where parts are joined together. Fracturing of aluminum parts produces a fine black powder. Fracturing of steel parts produces a reddish brown or black residue.</small></p>	
PRE-PREFLIGHT Weather-IFR/WAB-Performance Limitations Checked Flight Plan (If required) Completed Hobbs Time Checked to Flight Log Verify That Flight Will Not Exceed Any Maintenance Covers Removed/Stowed Main Rotor Tie Down Removed/Stowed	
1. CABIN INTERIOR RIGHT (PILOT SIDE) Aircraft Documents : AROM(Airworthiness Certificate Front Loose Articles, Baggage Compartment : Removed Stowed, Check Seat Belt Check Condition and Fastened Instruments, Switches, and Controls Check Condition Clock Functioning Master switch On Clutch Circuit Breaker & Clutch Pulled/Engaged Navigation, Strobe, Landing Lights (Night Flights) ... On Position, Strobe, Landing Lights Check Working Navigation, Strobe, Landing Lights Off Clutch & Clutch Circuit Breaker Disengaged/Pushed Oil Pressure, Alternator On Warning Light Test Switches Push to Test Fuel Quantity Check Gages Master Switch Off	
2. FUSELAGE RIGHT SIDE Door Hinge Safety Pin Installed Landing gear and Position light Check Ground Handling Wheel Removed Fuselage Condition, Rivets, Screws Check	
3. COWL DOOR Gearbox Oil Full, No leaks Gearbox Telatemp Normal MR Chip Detector Check Secure Rotor Brake (Check Movement in Cowl) ... Actuation Normal Rotor Brake Off ELT Check Secure Flex Coupling, Yoke Flange(FWD) ... No Cracks, Nuts Tight Static Source Clear Control Rod Ends Free Without Looseness Tail Rotor Control No Interference Sprag Clutch No Leaks Upper Bearing No Leaks Telatemp - Upper Bearing Normal V-belt Condition and Slack Check Flex Coupling, Yoke Flange(AFT) ... No cracks, Nuts Tight Steel Tube Frame No Cracks All Fasteners Tight Sheet Metal Base No cracks, Screws Tight Cowl Door Latched	
4. ENGINE RIGHT SIDE Air Intake Free, No Obstructions Left Magneto Secure, No Leakage Right Upper and Lower Engine Mounts ... Secure, No cracks Voltage Regulator Secure, No Loose Wires Oil Cooler Door Check Engine Sheet Metal No cracks Electrical Terminals Tight Fuel Lines and Oil Lines No Leaks or Chafing Carb Air Ducts & Carb Heat Scoop Secure Carb Heat Control Line No Fraying Starter Relay Check, No Loose Wires Starter Motor and Ring Gear, Check Condition, Disengaged Flywheel Check Teeth Condition Exhaust System No Cracks Engine General Condition Check Lower Sheave Groove Wear Smooth & uniform Telatemp - Lower Bearing Normal Lower Bearing No Leaks Steel Tube Frame No Cracks	
5. ENGINE REAR Cooling Fan Nut Pin in Line With Marks Cooling Fan No Cracks Fan Scroll No Cracks Fan Scroll Housing Check Drain Hole Clear	
6. TAIL CONE Attachment Bolts Tight Rivets Tight Skins No cracks or dents Drain Holes (Four) Clear Inspection Ports Secure, Tight Antenna & Strobe Light Condition Check Tail Rotor Guard Check	
7. EMPENNAGE Tail Surfaces No Cracks Fasteners Tight Position Light Check	
8. TAIL ROTOR Gearbox Oil Visible, No Leaks Control Bellcrank Free Without Looseness Blades Clean and No Damage/Cracks Pressure Drain Holes Clear Pitch Change Bearing Free Movement Rod Ends Free Without Looseness Pitch Link Jam Nuts Tight Teeter Bearings Check Condition Teeter Bearing Bolt Does Not Rotate Gearbox Telatemp Normal Horizontal Cross Tube Check Bend	
9. ENGINE LEFT SIDE Tail Cone Attachment Bolts Tight Steel Tube Frame No Cracks Telatemp - Lower Bearing Normal Lower Bearing No Leaks Alternator Belt Tension Check Engine Sheet Metal No Cracks Fuel Lines and Oil Lines No Leaks or Chafing Exhaust System No Cracks Engine General Condition Check Engine Engine Left Upper and Lower Mounts Check Right Magneto Check Secure, No Leakage Oil Pressure and Telatemp Check, No Loose Wires Battery and Relay (If Located Here) Secure Oil Filter (If Installed) Secure, No Leaks Oil (Only Fill If Below 4 qts) 4-6 qt Throttle Linkage (Raise Collective) Operable Correlator(Raise Collective-Throttle Into Detent)Operable	
10. MAIN ROTOR (DO NOT PULL DOWN ON BLADES) Blades Clean and No Damage/Cracks Blade Tip Weights Check Secure Pressure Drain Holes Not Blocked Pitch Change Boots No Leaks Main Hinge Bolts Cotter Pins Installed All Rod Ends Free Without Looseness Pitch Link Jam Nuts Tight Pitch Link Safety Wire Secure All Fasteners Tight Swashplate Scissors No Excessive Looseness Blades Level	
11. FUSELAGE LEFT SIDE Door Hinge Safety Pin Installed Landing Gear and Position Light Check Ground Handling Wheel Removed Condition Fuselage All nuts secure	
12. CABIN INTERIOR LEFT (PASSENGER SIDE) Baggage Compartment Check Removable Controls Secure if Installed Collective Control Clear Seat Belt Check Condition and Fastened Door Unlocked and Latched	
13. NOSE SECTION Pitot Tube Clear Windshield Condition & Cleanliness Check Fresh Air Vent and Landing Lights Clear/Check	
14. FUEL TANKS (Use Gas Disposal Can for Samples) Aux Fuel Tank Quantity (10.9-10.5 Usable) Check Filler Cap Tight Leakage No Leaks Drain Sample Main Fuel Tank Quantity (19.8-19.2 Usable) Check Filler Cap Tight Leakage No Leaks Drain Sample Gascolator Drain Sample Area Around Helicopter Clear	
<p style="text-align: center;">Caution <small>Rotational controls should be removed if person is left seat in out a cabin helicopter pilot and during main flight. When flying solo, fill left baggage compartment to capacity before using right compartment. Avoid placing objects in compartments which could become airborne if fuel cellages during a hard landing. Operator pilots may require location to obtain full travel of all controls. When using a caution, verify all cyclic travel is not restricted.</small></p>	
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Robinson R22 Beta II – Pre-Flight Checklist (Sample)

R44 Clipper II – Startup/Shutdown**Star Helicopters, LLC****NORMAL PROCEDURES CHECKLIST**

Refer to AFM for expanded, Emergency and Abnormal Procedures

Caution

Skid Clamps Removed/Secured
 Covers Removed/Stowed
 Main Rotor Tie Down Removed/Stowed
 Be sure rotor blades are approx. level to avoid possible tailcone strike

BEFORE STARTING ENGINE

Seat Belts Fastened
 Fuel Shut-Off Valve On
 Cyclic/Collective Friction Off
 Cyclic, Collective, Pedals Full Travel Free
 Throttle Full Travel Free
 Collective Full Down, Friction On
 Cyclic Neutral Friction On
 Pedals Neutral
 Landing Light Off
 HYD & Governor Switch On
 Circuit Breakers In
 Clutch Disengaged
 Altimeter Set To Field Elevation
 Rotor Brake Disengaged

STARTING ENGINE AND RUN-UP

Throttle Closed (INTO DETENT)
 Master Switch On
 Area Clear
 Strobe Light On
 Mixture Rich (Pushed In)
 Ignition Switch To Prime(4 Seconds), Then To Both
 Mixture Pull Off
 Starter Engaged Until Engine Starts
 Mixture Move Full Rich (Pushed In)
 Mixture Guard Installed
 Starter-On Light Out
 Set Engine RPM 50 to 60%
 Clutch Switch Engaged
 Blades Turning Less Than 5 Seconds
 Alternator Switch On
 Oil Pressure In 30 Sec 25 PSI Minimum
 Clock Start
 Avionics, Headsets On
 Wait For Clutch Light Out
 Warm-up RPM 60% to 70%
 Engine Gages & Time Gages Green & 2 Minutes
 Mag drop at 75% RPM 7% max in 2 sec
 Sprag Clutch Check Needles split
 Doors Closed and Latched
 Limit MAP (Manifold Pressure) Chart Check
 Never Exceed Speed (Max V_{ne}) Chart Check
 Cyclic/Collective Friction Off
 Hydraulic System Check HYD Switch Off
 Cyclic X Pattern Check
 Right Forward 1" to Left Aft 1"
 Left Forward 1" to Right Aft 1"
 Collective Lift Slightly 1"
 Hydraulic Switch On
 Governor On
 Increase Throttle (Keeping MP < 15") RPM 181-182
 Warning Lights Out
 Lift Collective Slightly. Reduce RPM. Horn/Light at 97%
 Warning Lights Out. Gages In Green, Fuel Qty Check
 Area Clear

SHUTDOWN PROCEDURE

Collective Down, RPM 60-70% Friction On
 Collective, Cyclic and Pedals Neutral Friction On
 Cool Down - 2 MINUTES & CHT TEMP 275 Throttle Closed
 Clutch switch Disengaged
 Wait 30 seconds Pull Mixture Idle Cut-Off
 Wait 30 seconds Apply Rotor Brake
 Rotor Break Leave Engaged
 Clutch light Off
 All Switches (Except HYD, Governor) Off
 Fuel Quantity Note
 Master Switch Off
 Fuel Re-Fuel To 35 Gallons Indicated
 Inflation Lever Safety "Locked"

LAST FLIGHT OF DAY

Bubble Cover & Skid Clamps Installed
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PAGE 1

MAP – AIR SPEEDS - FUEL

LIMIT MANIFOLD PRESSURE - IN. HG

MAXIMUM CONTINUOUS POWER

PRESS	ALT-FT	-30	-20	-10	0	10	20	30	40
SL	21.5	21.8	22.1	22.4	22.8	22.9	23.1	23.3	
2000	20.9	21.2	21.5	21.8	21.1	22.3	22.5	22.8	
4000	20.4	20.7	21.0	21.3	21.5	21.8	22.0	22.2	
6000	19.9	20.2	20.5	20.8	21.0	21.3	21.5	21.7	
8000	19.5	19.8	20.1	20.3	20.6	20.8	21.0	21.3	
10000	19.1	19.4	19.6	19.9					
12000									

FOR MAX TAKEOFF POWER (5 MIN) ADD 2.8 IN. HG

PRESS	ALT-FT	-30	-20	-10	0	10	20	30	40
SL	24.3	24.6	24.9	25.2	25.4	25.7	25.9	26.1	
2000	23.7	24.0	24.3	24.6	23.9	25.1	25.3	25.6	
4000	23.2	23.5	23.8	24.1	24.3	24.6	24.8	25.0	
6000	22.7	23.0	23.3	23.6	23.8	24.1	24.3	24.5	
8000	22.3	22.6	22.9	23.1	23.4	23.6	23.8	24.1	
10000	21.9	22.2	22.4	22.7					
12000									

FOR MAXIMUM CONTINUOUS POWER SUBTRACT 2.8 IN. HG

PRESS	ALT-FT	-30	-20	-10	0	10	20	30	40
SL									
2000									
4000									
6000									
8000									
10000									
12000									
14000									

Never-Exceed Airspeed (V _{ne}) - Up to 3000 feet density altitude	
2200 lb TOGW & Below	130 KIAS
Over 2200 lb TOGW	120 KIAS
Autoration	100 KIAS
Any Doors Removed	100 KIAS
Floats Inflated (DO NOT INFLATE ABOVE 80 KIAS)	80 KIAS

Airspeed Restrictions	
Takeoff & Climbs	80 KIAS
Maximum Rate of Climb (Vy)	55 KIAS
Maximum Range	100 KIAS
Landing Approach	60 KIAS
Autoration	70 KIAS

Autorotations Perform At Minimum Altitude of 800 AGL	
Autoration Airspeeds	
Recommended @ 100% RPM	70 KIAS
Maximum Glide(Above 500 AGL) @ 90% RPM	90 KIAS
Minimum Rate of Descent @ 90% RPM	55 KIAS

LOW ROTOR RPM BLADE STALL	
80% rotor RPM plus 1% for every 1000 feet Density Altitude	
Immediately roll on throttle and lower collective and apply aft cyclic	

MAXIMUM WEIGHT FOR WATER OPERATIONS 2400lb.

NEI ATION ABOVE 4000 AGL IS DISOBTAINED

Fuel Gage Indications to Approximate Fuel Quantities

Main Tank	Aux Tank	Total Fuel
30.6 FULL	18.3 FULL	48.9
28.7	16.0	44.7
26.8 - 7/8 -	14.9	41.7
24.9	13.7 - 3/4 -	38.6
23.0	12.6	35.6
21.1	11.4	32.5
19.1	9.2 - 1/2 -	28.3
17.2	6.7	23.9
15.3	5.7 - 1/2 -	21.0
13.4	4.6 - 1/4 -	18.0
11.5	3.5	15.0
9.6	2.3	11.9
7.7 - 1/4 -	0.0 EMPTY	7.7
3.8 - 1/8 -	0.0	3.8
0.0 EMPTY	0.0	0.0

Low fuel light indicates approx. 3 gallon usable fuel remaining.

The engine will run out of fuel after 10 minutes at cruise power.

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PAGE 2

Robinson R44 Clipper II – Startup/Shutdown Checklist (Sample)

STARTING AND TAXIING

- Use of the Aircraft Startup Checklist will be used to start the aircraft.
- Hover taxi ground speed shall not exceed a brisk walk and an altitude of 3 to 5 feet shall be maintained. Low power, low speed and constant vigilance will be maintained when taxiing.
- Air taxi is not permitted for pre-private pilots without a CFI on board.
- Pilots will read back all taxi clearances to ground control or air traffic control.
- Pilots will read back all ATC instructions to air traffic control.

FIRE PRECAUTIONS AND REFUELING PROCEDURES

When refueling, each aircraft must be grounded, additionally the following restrictions apply:

- All students will be instructed (before their first solo) on precautions against ground and inflight fires and the procedures to be taken if they should occur.
- All students will be instructed in the location and use of the fire extinguisher in the aircraft (If installed).
- Students must be familiar with the emergency procedures relating to fires in the Pilot's Operating Handbook for the particular aircraft being operated.
- Extreme care should be taken to avoid over-priming.
- No refueling with persons in the aircraft.
- No refueling inside the hangar.
- No fuel samples will be taken inside the hangar.
- No smoking within 50 feet of any aircraft.

PROCEDURES AFTER UNSCHEDULED LANDINGS

- On-airport: In the event of an unscheduled landing (a landing at an airport other than the airports indicated on the flight plan or authorized by the flight instructor in the solo cross country endorsement), the student will secure the helicopter by installing the blade tie-downs, locking the doors and securing the aircraft with whatever means available, and contact Star Helicopters, LLC (**Call collect if needed**) for instructions. **At no time will the student continue the flight without the specific authorization of either their primary flight instructor, the Chief Flight Instructor or the Assistant Chief Flight Instructor.**
- Off airport: The student will assess personal injury (**Contact 911 if injured**) and damage to the aircraft first, assure fuel is shut off and all fire potential has been eliminated. If possible, secure the aircraft and determine location. Immediately report to Star Helicopters, LLC (**Call Collect if need**) providing as much information as possible (injuries, damage, location, etc.). **At no time will the student attempt to take off from an unprepared landing area.**

AIRCRAFT DISPATCH PROCEDURES

NO AIRCRAFT MAY BE DISPATCHED WITH OPEN MAINTENANCE ITEMS.

Students will be dispatched by their primary instructor. Instructors may dispatch students other than their own **only** if they are a current Star Helicopters Part 141 certified instructor and they have flown with that student within the previous 30 days.

AIRCRAFT DISCREPANCIES AND SQUAWKS

Anytime the student or CFI discovers a discrepancy (squawk) with the aircraft it will be recorded on the aircraft discrepancy sheet (See Sample Below). The following procedure will be followed:

- The student will give as detailed a description as possible of the problem to their primary flight instructor or the Chief Flight Instructor or the Assistant Chief Flight Instructor.
- The aircraft will not be dispatched for flight until it has been inspected by Certified Flight Instructor or the Chief Flight Instructor or the Assistant Chief Flight Instructor or a certified mechanic, using FAR 91.213 and FAR 91.205 and the Aircraft POH it's airworthiness must be determined. An entry will be made in the aircraft discrepancy sheet stating either **NO FLIGHT - AIRCRAFT IS DOWN FOR MAINTENANCE** or **FLIGHT ALLOWED - DEFERRED TO NEXT SCHEDULED INSPECTION**.
- If the aircraft is determined to be un-airworthy it will not be dispatched for flight until signed off by a certified mechanic in the aircraft discrepancy sheet stating **RETURNED TO FLIGHT STATUS**.
- If the discrepancy is found to not affect the safety of flight in accordance with FAR 91.213, it will be deferred to next scheduled inspection and returned to flight status.

ALL SCHOOL MEMBERS READ AND SHOULD REFER TO THE CURRENT COPIES OF THE FOLLOWING FAA ADVISORY CIRCULARS AND OTHER DOCUMENTS

PILOTS ROLE IN COLLISION AVOIDANCE - AC 90-48

Pilots are required to be aware of the pilot's role in collision avoidance. AC 90-48 Alerts all pilots to the potential hazards of midair collision and near midair collision, and to emphasize those basic problem areas related to the human causal factors where improvements in pilot education, operating practices, procedures, and improved scanning techniques are needed to reduce midair conflicts. All school members must read **FAA Advisory Circular 90-48(current revision)** available online at www.faa.gov.

Prior to takeoff pilots will clear the area, both left, right, above and below (**A left 360 degree pedal turn is preferred if conditions permit**). In flight pilots will clear, both left, right, above and below prior to making any turns or performing any maneuvers.

ROLE OF PREFLIGHT PREPARATION – AC 61-84

Pilots role in preflight preparation, one of the most often neglected acts of a pilot contemplating flight in an aircraft is that of proper preflight planning While the reasons remain obscure the facts are well supported by aircraft accident statistics. All school members must read **FAA Advisory Circular 61-84(current revision)** available online at www.faa.gov.

POSITIVE EXCHANGE OF FLIGHT CONTROLS – AC 61-115

All pilots and specifically student pilots, instructors and pilot examiners should use specific procedures to establish a positive exchange of flight controls. Using these procedures both pilots always know exactly who is flying the plane at all times.

For instance, if the flight instructor is giving the flight controls to the student the flight instructor says, "**You have the flight controls.**" The student then takes the flight controls and says, "**I have the flight controls.**" The flight instructor visually checks to make sure the student has the flight controls and then says "**You have the flight controls.**"

If the flight instructor needs to take the flight controls they start the process by saying: "**I have the flight controls.**" Student: "**You have the flight controls.**" Instructor: "**I have the flight controls.**" All school members must read **FAA Advisory Circular 61-115(current revision)** available online at www.faa.gov.

WAKE TURBULENCE – AC 90-23

Pilots are required to be aware of the perils associated with wake turbulence and low-level wind shear. AC 90-23 Alerts pilots to the hazards of aircraft wake turbulence and recommends related operational procedures. All school members must read **FAA Advisory Circular 90-23(current revision)** available online at www.faa.gov.

TRAFFIC ADVISORY PRACTICES AT AIRPORTS WITHOUT OPERATING CONTROL TOWERS-AC 90-42

Contains good operating practices and procedures for use when approaching or departing airports without an operating control tower and airports that have control towers operating part time. Includes changes in radio frequencies and phraseology. All school members must read **FAA Advisory Circular 90-42(current revision)** available online at www.faa.gov.

Student Pilot (Pre-Private)

DESIGNATED TRAINING/PRACTICE AREAS

Star Helicopters, LLC utilizes practice areas defined by depiction in the included VFR Chart excerpts. If water is within the depicted area, at no time shall the aircraft fly beyond its power-off gliding range from shore. Aircraft should contact the appropriate helicopter frequency when operating in the practice areas that are not under Air Traffic Control. Aircraft operating within the inland portion (if applicable) of the practice area will maintain an altitude sufficient to ensure safe terrain clearance at all times.

Before a solo flight, the student will be briefed by his/her instructor in regard to the location and limits of the practice area. Except when on an authorized cross-country flight, students must remain within the designated practice area.

The following airports will be used for training flights:

Non Cross-Country

HHR
TOA
LGB
CPM
EMT

Solo Hovering & Traffic Patterns

TOA (North Pad)
No Traffic patterns during Robinson Safety Course
LGB (Pads 1-4)
No Traffic Patterns from LGB Pad 5-6
Hovering & Traffic Pattern Solos are NOT PERMITTED AT HHR

Day Dual Cross-Country

HHR
AJO
F70

Solo Airport to Airport

HHR
TOA
LGB

Night Dual Cross-Country

HHR
AJO
F70

Solo Cross-Country

HHR
AJO
F70

The following training areas will be used for training flights:

Area A

Settling with Power

Area B

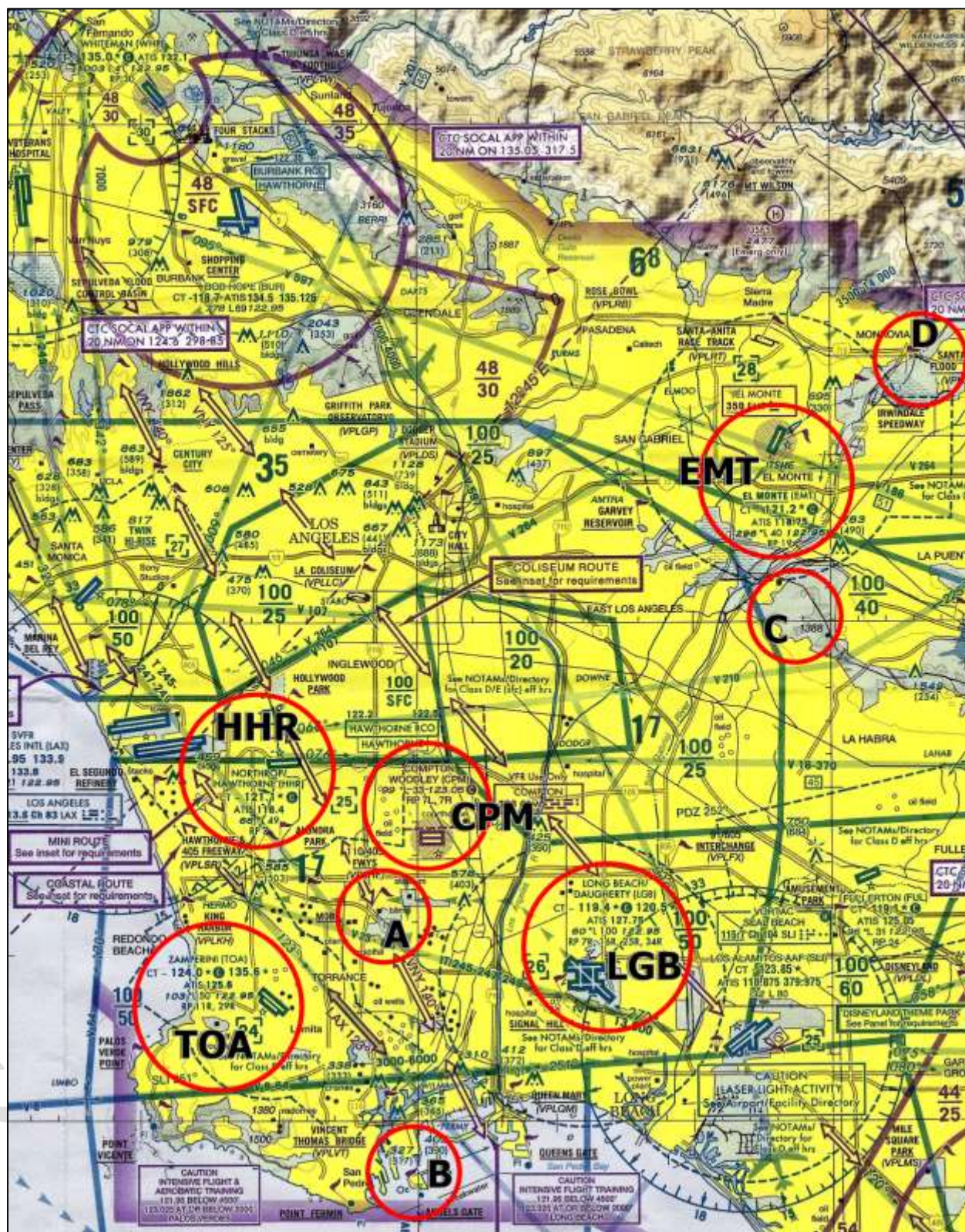
Introduction to Autorotation's
Simulated Engine Failures
Pinnacles & Confined Areas

Area C

Off Airport
Pinnacles & Confined Areas

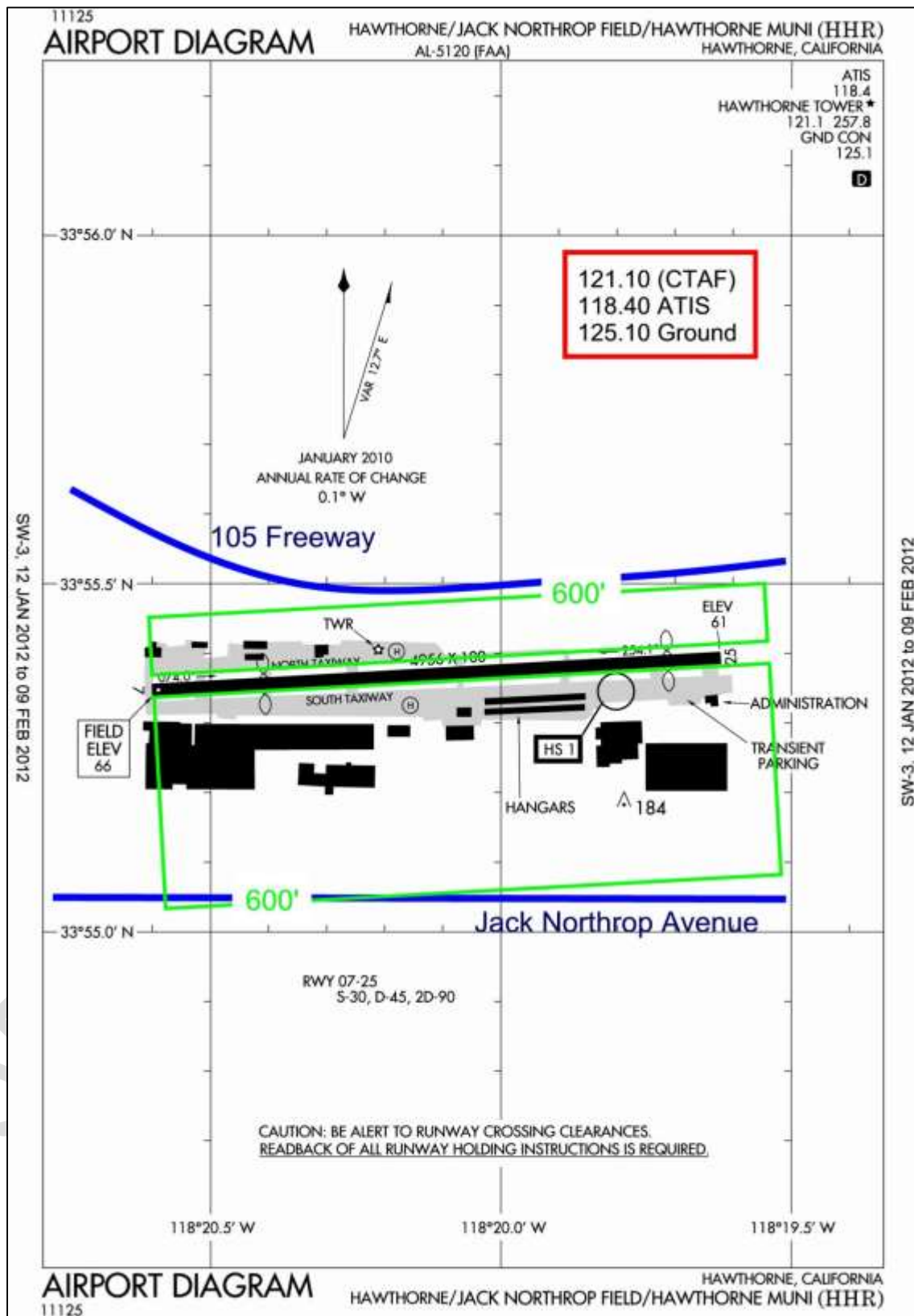
Area D

Off Airport
Pinnacles & Confined Areas

DESIGNATED TRAINING/PRACTICE AREAS - VFR CHART EXCERPT ILLUSTRATIONS**Training Area - Chart 1**

AIRPORTS – USED FOR TRAINING

Please refer to the following Airport Diagrams for Arrival/Departures routes and Traffic Pattern restrictions.



Jack Northrop Field/Hawthorne Airport (HHR)

Rated Pilot

DESIGNATED TRAINING/PRACTICE AREAS

Star Helicopters, LLC in addition to the Student Pilot Designated Training/Practice Areas list earlier in this manual, utilizes the Los Angeles Sectional Area chart as the practice area for Commercial, Instrument, Flight Instructor and Flight Instructor with Instrument Rating training courses. Aircraft should contact the appropriate helicopter frequency when operating in areas that are not under Air Traffic Control. If water is within the practice area, at no time shall the aircraft fly beyond its power-off gliding range from shore.



The map displays the San Diego area with several key locations and flight restrictions highlighted. The Century Freeway (I-15) runs horizontally across the top. The airport is marked with a red star and labeled 'Municipal Airport'. To the east of the airport is 'Holly Park' and 'Chester Washington Golf Course'. Two red rectangles are labeled 'NO FLY ZONE': one in the upper right corner and another in the lower right corner. A large green rectangle covers the central area, and a yellow rectangle covers the area to the east of the airport. The map also shows various local streets and landmarks like 'Costco Business Center' and 'Hawthorne'.

Student Pilot (Pre-Private)

SOLO FLIGHT POLICIES

The following Solo Cautions and Policies must be observed at all times during all Solo Flights. All solo flights are supervised, CFI to remain at heli pad for all Hover and Traffic pattern solo's and CFI to remain at Star Helicopters during Airport to Airport and Cross Country solo's.

Hover Solos are only permitted at TOA North Pad and LGB Pads 1 thru 4.

Traffic Pattern Solos are only permitted at TOA North Pad and LGB Pads 1 thru 4.

Cross Country Solos are only permitted at HHR, AJO and F70

- Passengers will not be carried on any student pilot solo flights.
- The student must complete a weight and balance calculation prior to each solo flight and must determine that the aircraft is within CG during all phases of flight.
- The student must check all performance charts to insure that the aircraft is within the performance limitations for all phase of flight (OGE Hover, IGE Hover, Manifold Pressure Limitation, Airspeed limitations).
- Solo Night flights will not be allowed. All solo flights must be back at Star Helicopters, LLC no later than one hour prior to official sunset.
- Solo flights are not allowed at Torrance during Robinson Safety Course week.
- DUAL CONTROLS MUST BE REMOVED for all Cross Country and Airport to Airport solo's.
- Check Weather & file flight plan before each cross country flight with FAA. CFI to review and initial.
- Day VFR, Wind < 10 knots 0 gusts, forecasted for 2 hours beyond arrival time back at HHR.
- No Emergency Procedure training is allowed (Auto's, Quickstops, Running Landings, Settling with Power, Slopes, Hover Auto's, Governor Off Training, Low Rotor RPM Training, etc.).
- No off airport landings are allowed except for emergencies.
- No LAX Transitions.
- No taking pictures during flight, keep your camera under your seat.
- No cell phone calls during flight, keep your cell phone under your seat.
- Watch for traffic!
- Maintain enough altitude from obstacles at all times. Stay at least 500 feet AGL.
- Return or land at a safe area if weather is bad. Do not continue the flight.
- Perform a preflight check before all engine startups.
- Never release right hand from cyclic in solo.
- Watch for tower on North Arrival/North Departure to/from TOA and Tower West of FUL.
- Stay clear of Disney TFR.
- No solo at TOA when RHC is having the safety course.
- Traffic pattern at TOA is allowed only at North pad.
- No landing at pads 5 or 6 at LGB on solo flights. No solo at LGB if runway active is other than 30.
- Do not remove left door.
- Local solo is prohibited for more than 2 hours per day

I Understand and agree to all of the above Solo Policies during all solo flights.

I have reviewed the above policies with the student. They understand the Solo and they are prepared to make their required solo flights.

Student Signature

CFI Signature

Printed Name

Printed Name

Date

Date

Rated Pilot

SOLO FLIGHT POLICIES

The following Solo Cautions and Policies must be observed at all times during all Solo Flights. All solo flights in Stage 2 are supervised solo flights, including the night solos. The total supervised solo time is 10. CFI to remain at Star Helicopters during all supervised solo flights.

Hover Solos are only permitted at TOA North Pad and LGB Pads 1 thru 4.

Traffic Pattern Solos are not permitted at HHR.

HOVER AND TRAFFIC PATTERN SOLOS ARE NOT PERMITTED AT HHR

Solo Cautions & Policies

- Passengers will not be carried on any student pilot solo flights.
- The student must complete a weight and balance calculation prior to each solo flight and must determine that the aircraft is within CG during all phases of flight.
- The student must check all performance charts to insure that the aircraft is within the performance limitations for all phase of flight (OGE Hover, IGE Hover, Manifold Pressure Limitation, Airspeed limitations).
- Solo Night flights will not be allowed. All solo flights must be back at Star Helicopters LLC no later than one hour prior to official sunset.
- Solo flights are not allowed at Torrance during Robinson Safety Course week.
- DUAL CONTROLS MUST BE REMOVED for all Cross Country and Airport to Airport solo's.
- Check Weather & file flight plan before each cross country flight with FAA. CFI to review and initial.
- Cross Country Flights - Day VFR, Wind < 20 knots gusts less than 5 knots, forecasted for 2 hours beyond arrival time back at HHR.
- No Emergency Procedure training is allowed (Auto's, Quickstops, Running Landings, Settling with Power, Slopes, Hover Auto's, Governor Off Training, Low Rotor RPM Training, etc.).
- No off airport landings are allowed except for emergencies.
- No LAX Transitions.
- No taking pictures during flight, keep your camera under your seat.
- No cell phone calls during flight, keep your cell phone under your seat.
- Watch for traffic!
- Maintain enough altitude from obstacles at all times. Stay at least 500 feet AGL.
- Return or land at a safe area if weather is bad. Do not continue the flight.
- Perform a preflight check before all engine startup's.
- Never release right hand from cyclic in solo.
- Watch for tower on North Arrival/North Departure to/from TOA and Tower West of FUL.
- Stay clear of Disney TFR.
- No solo at TOA when RHC is having the safety course.
- Traffic pattern at TOA is allowed only at North pad.
- No landing at pads 5 or 6 at LGB on solo flights. No solo at LGB if runway active is other than 30.
- Do not remove left door.
- Non-Cross Country solo practice is limited to a maximum of 2 hours per day, unless permission is given by the Chief Flight Instructor.

I Understand and agree to all of the above Solo Policies during all solo flights.

I have reviewed the above policies with the student. They understand the Solo and they are prepared to make their required solo flights.

Student Signature

CFI Signature

Printed Name

Printed Name

Date

Date

CROSS-COUNTRY FLIGHTS – STUDENT PILOT (Pre-Private)

Destination airports for all dual/solo cross-country flights are as follows:

1st Cross-Country Flight (Dual)

HHR-AJ0 (Using Dead Reckoning)
AJ0-HHR (Using Pilotage)

2nd Cross-Country Flight (Dual)

HHR-AJO-F70 (Using Dead Reckoning)
F70-HHR (Using Pilotage)

3rd Cross-Country Flight (Solo)

HHR-AJO-F70 (Using Dead Reckoning)
F70-HHR (Using Pilotage)

A new flight plan must be filled and activated for each solo cross-country flight and is recommended for student practice on all dual cross-country flights.

CROSS-COUNTRY FLIGHTS – RATED PILOTS

Any airport within the Los Angeles Sectional Chart may be used for Cross Country flights.

ADDITIONAL SAFETY PRACTICES

All flights will be conducted and accomplished in accordance with the Federal Aviation Regulations part 141.85(b).

All Part 141 flights will be conducted and accomplished in accordance with the FAA approved Star Helicopters, LLC Part 141 Training Course.

All flights will be conducted and accomplished in accordance with the Star Helicopters, LLC Safety Procedures and Practices Manual.

A Star Helicopters, LLC qualified Part 141 Flight Instructor is required to be at Star Helicopters, LLC prior to takeoff and remain at Star Helicopters, LLC until arrival on all Solo Flights.

An operable flash light must be carried by the student and their CFI for all night flights.

STAR HELICOPTERS SOLO/RENTAL INSURANCE AGREEMENT

The student must complete and sign the Star Helicopters Student Solo/Rental Insurance Agreement forms and pay for their solo Insurance prior to any solo flights.



I have been given a copy of the Star Helicopters LLC

Safety Procedures and Practices Manual

**I have read and understand and agree to comply with
the instructions, procedures, terms and conditions set
forth in the Star Helicopters LLC**

Safety Procedures and Practices Manual

Student Signature

Printed Name

Date



Safety Procedures and Practices Manual

This manual is a guide to assist the instructors and students to safely and efficiently conduct flight training at Star Helicopters.

This manual meets all of the 14 CFR Part 141 and CFR Part 61 Rotorcraft/Helicopter Training Course Outline Safety Procedures and Practices requirements.

Star Helicopters LLC

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